



The East Coast IceJam hockey tournament was held on January 8-12, 2014 at the BMO Centre in Halifax, Nova Scotia. The tournament expanded in its second year to include Major Bantam as well as Major Midget divisions for a total of forty (40) teams. This represented a significant increase in both players and teams from the 2013 tournament (only 18 Major Midget teams).

The RCCSS(C) and the chiropractic profession were well represented. Dr. Brian Seaman once again served as Chair of Medical Services for the event. Dr. Seaman's past experience includes four (4) Winter Olympic Games as well as being Chair of Medical Services for the 2011 Canada Winter Games which were held in Nova Scotia.

Joining Dr. Seaman on the Host Medical Committee were Dr. Tina Atkinson (CMO) and Laura Lundquist (Chief Therapist). Host Medical Team volunteers from the area included chiropractors (7), physiotherapists (14), and dentists (2). On-call optometry services were also arranged. In addition to Dr. Eric Helson (FRCCSS(C)), there were three residents from the SSRP; Dr. Chuck Dauphinee, Dr. Warren Hefford, and Dr. Peter Stilwell. Other local chiropractors who volunteered for the event included Dr. Nicole Doucette, Dr. Ashley Lily and Dr. Sasha Zevenhuizen.

All 40 participating teams were advised of the protocols of the tournament as established by the Host Medical Committee. This included the current concussion guidelines (SCAT3 and Zurich 2012).

Two clinic areas were set up within the BMO Centre, due to the number of athletes and anticipated utilization of Host Medical Services. A medical/dental area was set up for the physicians and the dentists. This included a mouth guard clinic. The other was a therapy clinic for the chiropractors and physiotherapists.

Over the 4 ½ days of the tournament, there were 113 visits to the medical and/or therapy clinics. The most common injuries included sprain/strains (64). Thirteen (13) players were evaluated with SCAT3 for concussions. Only seven (7) had confirmed concussions and as such, were withdrawn from play in the tournament. These players were also advised of the return to play protocol.

By comparison, in 2013, in which there were 18 teams, there were only 44 visits to the Host Medical Services. From a concussion perspective, seven (7) were evaluated with four (4) being confirmed.

Feedback from the teams and parents to date has been very positive with respect to which host medical services were set-up for IceJam.

“What a great job. It was very thorough. I was impressed with the great follow-up to our team's several issues. I have not seen this level of medical attention in my 20-some years of midget hockey tournaments. We couldn't have been more pleased. THANKS for a job very well done”.

-Bernie Keating, Miramichi Rivermen, Major Midget Hockey Team

“The medical services aspect of the IceJam was definitely one of the highlights. Coaches, parents and players alike were impressed by the availability of medical staff, both within games as well as the post-game follow-up. I truly appreciated highlighting the importance of player safety at this tournament. I feel that it was a lesson to players and perhaps influenced their thinking with regard to their own safety and following up with assessments and treatments. Thanks to you and all of the medical volunteers. It was a pleasure dealing with you all.”

- Kevin Porter, Manager, Leon's Canadiens (Fredericton), NB Irving Oil Bantam AAA Hockey League

Congratulations to all the volunteers at IceJam 2014 for a job well done!!

Source: RCCSS(C)



Midget Champions—Halifax Macdonalds
Photo courtesy Melissa Guile @ MMG Photography



Bantem Champions—Bubba Rays Gulls
Photo courtesy Melissa Guile @ MMG Photography