



ICE JAM 2013 **HALIFAX, NOVA SCOTIA**

The inaugural Ice Jam Major Midge Hockey Tournament was held January 9-13, 2013 at the BMO Centre in Halifax, Nova Scotia.

The RCCSS(C) and the chiropractic profession were well represented as the Organizing Committee had enlisted the assistance of Dr. Brian Seaman to serve as the Chair of Medical Services for the event. Dr. Seaman's past experience includes four (4) Winter Olympic Games as well as being the Chair of Medical Services for the 2011 Canada Winter Games.

Joining Dr. Seaman on the Medical Committee were Dr. Tina Atkinson (Chief Medical Officer) and Laura Lundquist (Chief Therapist). Host Medical Team volunteers from the area included physicians (2), chiropractors (5), physiotherapists (4), dentists (2) and massage therapists (4).

In addition to Dr. Eric Helson (FRCCSS(C)), there were three Residents from the SSRP; Dr. Chuck Dauphinee, Dr. Matt Cochran and Dr. Warren Hefford.

As part of the planning, the Host Medical Committee ascertained if a 'trainer' would be accompanying each team and if so, what were the qualifications of each individual. This assisted Host Medical Services in determining coverage for each game.

All 18 of the participating teams were advised of the protocols of the tournament as established by the Host Medical Committee. This also included the current concussion guidelines (Zurich 2008). Given the importance of properly assessing for concussions, each team was provided with a laminated SCAT2 concussion cards as part of their registration package.

A medical assessment area was set up for the tournament. In total there were 35 players who were assessed and/or treated in the medical area for a total of 44 visits. The summary of the injuries is as follows:

- **Lacerations (requiring sutures)** – Five (5) players requiring seven (7) visits.
- **Abrasions** – Three (3).
- **Concussions** – Four (4) of the seven (7) individuals evaluated had concussions confirmed. One of these individuals, who was rendered unconscious as a result of an on-ice hit (12/01/13), was immobilized on a spine board and transported to the QEII Emergency Department (HI Site) via EHS.
- **Contusions (bruising)** – Six (6). Two (2) of these players were also sent for x-rays to rule out fractures (hand and foot); in both instances x-rays were negative.
- **Ligamentous sprains/muscular strains** – Thirteen (13).
- **"Stinger"** – One.

Feedback from the teams, players and parents has been very positive with respect to the manner in which Host Medical Services were established for the inaugural East Coast Ice Jam. These comments included a quote from Geoff Newton, Chair of the Organizing Committee:

“Dr. Seaman and his staff are world class as Dr. Seaman himself worked the Vancouver Olympics so I am very lucky to have his involvement at the tournament. I look forward to next year and hope to provide the same level of service!”